



# Best Express Foods

2014- 2015

## Product Nutritional Guide for School Foodservice

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CODE #	PRODUCT DESCRIPTION	END PRODUCT							MACRONUTRIENTS				FATS			VITAMINS		MINERALS		
		Serving Size (Oz)	Servings per Case	Meat/Alt. (Oz)	Bread/ Grain (Svng)	Fruit/ Veg. (Cup)	Cal.	Calories from Fat	Protein (g)	Total Carbs. (g)	Sugars (g)	Dietary Fiber (g)	Total Fat (grams)	Sat. Fat (grams)	Cholest. (mg)	Vit. A (%RDA)	Vit. C (%RDA)	Sodium (mg)	Calcium (%RDA)	Iron (%RDA)
<b>TEXAS TOASTS</b>																				
1000SB	TEXAS CHEESE TOAST - BREAKFAST - WG/RF - BULK	2.20	120	1	1	N/A	150	60	9	13	2	2	7	2.5	15	6%	0%	350	25%	6%
1001SB	TEXAS CHEESE TOAST - BREAKFAST - WG/RF - WRAPPED	2.20	120	1	1	N/A	150	60	9	13	2	2	7	2.5	15	6%	0%	350	25%	6%
2000SB	TEXAS CHEESE TOAST - WG/RF - BULK	4.30	72	2	2	N/A	290	100	18	30	5	3	12	5	30	10%	0%	550	50%	20%
2001SB	TEXAS CHEESE TOAST - WG/RF - WRAPPED	4.30	72	2	2	N/A	290	100	18	30	5	3	12	5	30	10%	0%	550	50%	20%
3000SB	TEXAS CINNAMON TOAST - BULK	2.60	84	N/A	2	N/A	290	150	4	34	9	2	17	3	0	2%	0%	340	6%	10%
3100SB	TEXAS CINNAMON TOAST - WRAPPED	2.60	84	N/A	2	N/A	290	150	4	34	9	2	17	3	0	2%	0%	340	6%	10%
3100SB-RF	TEXAS CINNAMON TOAST - RF - WRAPPED	2.40	84	N/A	2	N/A	260	110	3	33	8	1	13	2	0	2%	0%	350	6%	8%
3000SB-WG/RF	CINNAMON TEXAS TOAST_WG/RF- BULK	2.50	84	1	1	N/A	190	45	5	33	9	3	5	0.5	0	0%	0%	220	6%	20%
3100SB-WG	TEXAS CINNAMON TEXAS TOAST - WG - WRAPPED	2.50	84	N/A	2	N/A	260	110	3	33	8	3	13	2	0	2%	0%	320	6%	8%
<b>FRENCH BREAD</b>																				
2460B	CHEESE PIZZA BOAT - BULK	5.10	60	2	2	1/8	270	80	18	30	5	3	9	5	30	15%	10%	520	50%	4%
8010	THREE CHEESE BOAT w/ GARLIC SAUCE - WG/RF - BULK	4.45	60	2	2	N/A	300	120	18	29	3	3	13	6	35	10%	0%	570	45%	2%
8011	THREE CHEESE BOAT w/ GARLIC SAUCE - WG/RF - WRAPPED	4.45	60	2	2	N/A	300	120	18	29	3	3	13	6	35	10%	0%	570	45%	2%
8460	TURKEY PEPPERONI PIZZA BOAT - WG/RF - BULK	5.10	60	2	2	1/8	270	80	19	30	5	3	9	4.5	35	15%	10%	690	40%	6%
1400	*MINI* CHEESY BOAT - BREAKFAST - WG/RF - BULK	2.40	96	1	1	N/A	160	60	9	13	0	1	7	4	15	5%	0%	370	22%	2%
1410	*MINI* THREE CHEESE BOAT w/ GARLIC SAUCE - BREAKFAST - WG/RF - BULK	2.40	96	1	1	N/A	170	70	9	13	0	1	8	4	15	5%	0%	370	22%	2%
1460	*MINI* CHEESE PIZZA BOAT - BREAKFAST - WG/RF - BULK	2.50	96	1	1	N/A	140	60	10	13	0	1	6	3	15	7%	5%	280	22%	3%
<b>BAGEL TOPPERS</b>																				
2497B	JUMBO PIZZA BAGEL TOPPER - PEPPERONI - BULK	5.10	60	2	2	1/8	330	110	18	32	5	1	13	6	25	15%	10%	760	40%	6%
2499B	JUMBO PIZZA BAGEL TOPPER - CHEESE - BULK	5.10	60	2	2	1/8	240	70	17	23	5	2	7	4.5	25	15%	10%	440	50%	6%
8497	TURKEY PEPPERONI PIZZA BAGEL - WG/RF - BULK	5.10	60	2	2	1/8	320	80	20	39	5	3	9	4.5	35	15%	10%	660	45%	10%
8420	*MINI* TURKEY PEPPERONI PIZZA BAGEL - BREAKFAST WG/RF - BULK	2.40	96	1	1	N/A	140	40	9	16	3	2	4.5	2	15	6%	4%	410	20%	2%
1031	*MINI* CHEESE PIZZA BAGEL TOPPER - BREAKFAST - WG/RF - WRAPPED	2.40	96	1	1	N/A	170	60	10	17	2	1	6	2	1	2%	2%	420	20%	2%
8020	*MINI* CHEESE BAGEL TOPPER w/ GARLIC SAUCE - BRKFST - WG/RF - BULK	2.30	96	1	1	N/A	140	40	8	17	3	2	4.5	2.5	15	8%	4%	330	25%	2%
8021	*MINI* CHEESE BAGEL TOPPER w/ GARLIC SAUCE - BRKFST - WG/RF - WRAPPED	2.30	96	1	1	N/A	140	40	8	17	3	2	4.5	2.5	15	8%	4%	330	25%	2%
<b>PIZZA</b>																				
1610	16" PIZZA - THREE CHEESE w/ GARLIC SAUCE - WG/RF - BULK	5.38	72	2	3	N/A	390	140	18	36	0	2	16	9	27	8%	0%	690	45%	6%
1612	16" Three Cheese Pizza (10 slice)- Whole Grain/Reduced Fat	4.30	90	2	2	N/A	310	120	18	25	1	2	14	20	30	10%	0%	550	45%	6%
1613	16" PIZZA - TURKEY PEPPERONI - WG/RF - BULK	6.00	72	2	3	1/8	340	100	21	41	5	4	11	5	35	15%	20%	1000	45%	20%
1614	16" PIZZA - CHEESE - WG/RF - BULK	6.00	72	2	3	1/8	340	100	20	41	6	4	11	5	30	15%	20%	860	50%	20%
2420B	16" PIZZA - CHEESE - WG - BULK	6.00	72	2	3	1/8	360	140	18	41	5	4	15	8	45	15%	20%	950	45%	20%
2420B-2	16" Cheese Pizza (8 servings)- Whole Grain/Reduced Fat- Bulk	4.70	72	2	2	1/8	260	80	17	27	2	9	5	5	25	15%	15%	560	40%	15%
2421B	16" PIZZA - PEPPERONI - WG - BULK	6.00	72	2	3	1/8	400	160	18	40	5	4	18	8	40	15%	20%	1050	40%	20%
2422B	16" Cheese Pizza (10 servings)- Whole Grain/Reduced Fat- Bulk	4.70	90	2	2	1/8	260	80	17	27	4	5	9	5	25	15%	15%	560	40%	15%
2421B-2	16" Pepperoni Pizza (8servings)- Whole Grain/Reduced Fat- Bulk	4.70	72	2	2	1/8	290	100	17	26	4	2	11	5	20	15%	15%	630	35%	15%
2425B	16" Pepperoni Pizza (10 servings)- Whole Grain/Reduced Fat- Bulk	4.70	90	2	2	1/8	290	100	17	25	4	2	11	5	20	15%	15%	630	35%	15%
7400	5" TRADITIONAL CRUST PIZZA - CHEESE - RF - WRAPPED	4.50	72	2	2	1/8	240	70	16	27	4	1	8	3.5	25	10%	8%	470	35%	8%
7410	5" TRADITIONAL CRUST PIZZA - CHEESE - RF - BULK	4.50	72	2	2	1/8	240	70	16	27	4	1	8	3.5	25	10%	8%	470	35%	8%
7401	5" TRADITIONAL CRUST PIZZA - TURKEY PEPPERONI - RF - WRAPPED	4.50	72	2	2	1/8	360	90	20	46	2	2	11	4.5	25	30%	8%	830	25%	20%
7411	5" TRADITIONAL CRUST PIZZA - TURKEY PEPPERONI - RF - BULK	4.80	72	2	2	1/8	280	70	17	30	4	3	8	4	20	10%	6%	360	35%	8%
7411C	5" Traditional Crust Pepperoni Pizza- Whole Grain/Reduced Fat- Bulk	4.50	72	2	2	1/8	300	100	16	30	3	3	11	4.5	15	10%	6%	440	25%	8%
7402	5" TRADITIONAL CRUST PIZZA - THREE CHEESE w/ GARLIC SAUCE - RF - WRAPPED	4.10	72	2	2	N/A	280	100	17	29	1	3	11	4.5	20	8%	0%	370	30%	6%
7412	5" TRADITIONAL CRUST PIZZA - THREE CHEESE w/ GARLIC SAUCE - RF - BULK	4.10	72	2	2	N/A	280	100	17	29	1	3	11	4.5	20	8%	0%	370	30%	6%
5510	5" Traditional Crust Pizza- Whole Grain/Reduced Fat- Bulk	4.50	72	1.5	2	1/8	250	60	15	33	4	3	7	4	20	10%	6%	470	35%	8%
5511	5" Traditional Crust Pepperoni Pizza- Whole Grain/Reduced Fat- Bulk	4.50	72	1.5	2	1/8	290	100	14	33	3	3	11	4.5	15	10%	6%	600	25%	8%
5512	5" Traditional Crust Three Cheese Pizza- Whole Grain/Reduced Fat- Bulk	4.10	72	1.5	2	N/A	270	90	15	33	1	3	10	4.5	20	8%	0%	470	30%	6%
7510	7" Crust Cheese Pizza- Whole Grain/Reduced Fat- Bulk	6.50	48	2	4.6	1/8	400	90	21	55	6	4	10	4.5	25	15%	10%	830	50%	8%
7511	7" Crust Pepperoni Pizza- Whole Grain/Reduced Fat- Bulk	6.50	48	2	4.6	1/8	440	120	21	55	6	4	12	5	20	15%	10%	950	40%	8%
7512	7" Crust Three Cheese Pizza- Whole Grain/Reduced Fat- Bulk	6.10	48	2	4.6	N/A	420	120	21	55	2	3	13	4.5	25	15%	0%	830	50%	8%
1710	7" TRADITIONAL CRUST PIZZA - THREE CHEESE w/ GARLIC SAUCE - WG/RF - BULK	7.00	48	2	2	NA	500	180	24	47	0	3	20	12	35	10%	0%	890	45%	8%
1760	7" TRADITIONAL CRUST PIZZA - CHEESE - WG/RF - BULK	7.00	48	2	2	1/8	410	170	24	37	3	3	19	9	40	10%	12%	700	45%	12%
<b>SPECIALTY ITEMS</b>																				
01004	CHEESE-A-DIA - WRAPPED	3.80	96	2	2	N/A	270	90	15	29	2	2	10	3	30	8%	0%	610	35%	0%
1061	CINNAMON SWIRL BREAD -BREAKFAST - WRAPPED	2.50	81	N/A	2	N/A	153	15	2	33	17	1	1.5	0	0	0%	0%	180	2%	2%
1071	CINNAMON SWIRL BREAD -BREAKFAST - WG - WRAPPED	2.40	81	N/A	2	N/A	125	10	2	31	15	2	1	0	0	0%	0%	180	2%	2%
3410	THREE CHEESE ROUND w/ GARLIC SAUCE - BREAKFAST - WG/RF - BULK	2.30	96	1	1	N/A	150	60	9	14	2	3	7	3	20	6%	0%	310	25%	0%
3420	TURKEY PEPPERONI PIZZA ROUND - BREAKFAST - WG/RF - BULK	2.30	96	1	1	N/A	130	40	10	14	3	3	4.5	2	15	6%	4%	360	20%	2%
3460	CHEESE PIZZA ROUND - BREAKFAST - WG/RF - BULK	2.30	96	1	1	N/A	130	40	9	14	3	3	4.5	2.5	15	8%	4%	280	25%	2%